

	NEW HAMPSHIRE NURSES' ASSOCIATION	MEETING MINUTES	
Committee:	Commission on Nursing Practice	Time called to order:	5:32 pm
Date:	Feb. 9, 2017 phone conf. call	Time adjourned:	6:30 pm
Presiding Officer:	Holly Clayton		
Members Present:	Darby Thomas	Members Absent:	Eugene Bois: excused /snow
	Amanda Carmichael		Jennifer Johnson: excused /snow
	MaryEllen King		
	Guests:		
	Joan C. Widmer, NHNA Nurse Executive		
	Director		
	Staff Present:		
	Others:		
Recording Secretary:	Holly Clayton - for Gene (Jennifer)		

AGENDA ITEM	DISCUSSION	ACTION
<p>Call to order</p> <p>Commission on Govt Affairs (CGA) Updates – Standing Agenda Item</p>	<p>Holly called the meeting to order. Safety reminder: technology, safe driving. Holly said she doesn't have Zoom ability; group said phone conf. calls working well, will continue.</p> <p>Pam DiNapoli from Commission on Govt Affairs (CGA) was invited but snow/weather conditions noted.</p> <p>Joan gave update on CGA's January Legislative Forum, which had been rescheduled from Jan. 24th to Jan. 26th due to snow. Attendees = 231 registered, 112 signed in. 11 bills discussed.</p> <p>New page on NHNA Website, under "Advocacy" tab added: 2017 NH Legislation. Can click on each bill listed to get a brief description of the bill, its history and current status, including upcoming hearings. Jeannie Gonyer, Vice-Chair of CGA will be providing updates, which will be added weekly to the site.</p>	
<p>Minutes</p>	<p>January minutes were approved.</p>	<p>Minutes schedule adjusted due to Feb. snow: Plan March minutes by Gene (Jennifer)</p>
<p>Executive Director Updates</p>	<p>Joan provided updates on the Legislative Forum (as above), noted website is running. Two conferences.</p> <p>Joan reported she met with nursing leaders at Elliot Health System. See <i>NHNursing News</i> write-up in upcoming April issue: CNO program/Nurse Leader Program.</p> <p>She will be meeting with Lynne Gagnon and her team at Littleton Regional on Feb 14th.</p> <p>Planning and logistics work continues on the Graduating Student Conference (4-4-17) and the 5K Run (Fall 2017).</p>	

AGENDA ITEM	DISCUSSION	ACTION
<p>Issues that Affect Nursing</p>	<p>Holly reported that she attended ANA conference call: Constituent/State Nurses Associations, Organizational Affiliates and Nursing Practice & Work Environment on Jan. 24. This group covers such topics as staffing, safe patient handling and mobility/falls, infection prevention and control, immunizations, nursing practice & standards and more. Many different state organizations were represented in the call. A portion of the mtg. was spent discussing HealthyNurse® and Healthy Nurse, Healthy Nation™ .</p> <p>“Year of the Healthy Nurse” (2017) was presented by Holly Carpenter, Senior Policy Advisor. Information is on the ANA website www.nursingworld.org. Our upcoming 5 K event fits well with the Healthy Nurse, Healthy Nation initiative – once we get it planned, we can let ANA know. Some groups, who have activities before June, are called “early adopters”. For example, Massachusetts- ANA is having a “Wellness Toolkit” lecture in March.</p> <p>This yearlong initiative (noting 2016 focused on “Culture of Safety”) includes a health survey you can take, and a Grand Challenge. What is a healthy nurse, as defined by ANA? “ANA defines a healthy nurse as someone who actively focuses on creating and maintaining a balance and synergy of physical, intellectual, emotional, social, spiritual, personal and professional wellbeing. We feel that nurses are ideally positioned to be the best role models, educators, and advocates of health, safety, and wellness. So come participate with us fully this year as we focus on YOU!” www.nursingworld.org</p> <p>Holly informed the group she has taken several webinars through the website and encouraged CNP members to take a look at the contact hour offerings. Noted timely topics such as, the Ebola webinars in the past – learned right from the experts and CNOs/hospitals/experts in the actual hospitals with patients. Many educational opportunities on the issues that affect nursing.</p> <p>The meeting was adjourned early due to a technical problem.</p>	<p>Members are encouraged to go to the ANA website www.nursingworld.org. Check the HealthyNurse® and Healthy Nurse, Healthy Nation™ offerings.</p> <p>Monthly topics are listed for 2017, with lots of resources, events and activities. Here are the monthly topics for wellness for the first months of 2017:</p> <p>Jan Worksite Wellness and Worker Well-Being Feb Cardiovascular Health Mar Nutrition Apr Combatting Stress May Women's Health</p>

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<p>Innovative Practice</p>	<p>Initiative: Highlight an innovative practice and write a small article for <i>NHNursing News</i></p> <p>Holly reported she wrote an article for April <i>NHNursing News</i> on innovative practice in CMC cardiology unit, submitted to editor. Plan for photo to accompany.</p> <p>Discussed MaryEllen writing article on LEAN program and Darby writing article on Behavioral Intervention Resource Team (BIRT). Both programs are at Elliot Health System. Determined deadlines.</p> <p>Joan suggested submitting the LEAN and BIRT articles together, for July issue <i>NHNursing News</i>.</p> <p>Discussed LEAN program – CNO peds initiated it, now part of nurses unit program.</p>	<p>MaryEllen to write up the LEAN program and Darby to contact Meghan Bastion and write article on the BIRT program for the July issue of <i>NHNursing News</i>.</p> <ul style="list-style-type: none"> ○ Submit drafts to Holly by early April (April 10th), to allow 3 weeks for subsequent review by Elliot Health System admin. ○ Final draft due to editor May 10th, for July issue <i>NHNursing News</i>. <p>Holly to assist with members writing articles as needed.</p> <p>Joan to help with editing.</p>

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<p>Spring Student Conf</p>	<p><u>Spring Student Conference</u> Date: Tuesday, April 4 8AM to 3:30PM</p> <p>Joan reported on last minutes changes in timeslots, will have nurse specialty panels (OB, OR, enc. q's) 250 seats NHTI 40 + students Will be serving breakfast and lunch</p> <p>Speakers 30 minutes, one 20 min. 5 speakers confirmed</p> <p>2 sponsors – 1 gold, Catholic Medical Center 1 silver, Cottage Hospital</p> <p>Will have 8 – 10 vendor tables, 6-7 are currently interested in exhibiting. Sponsors get a whole table, exhibitors ½ table.</p> <p>Brochure will be posted on NHNA website tomorrow or Monday</p> <p><u>Student Nurse of the Year Award</u> Group discussed plan for “Student Nurse of the Year Award.” Defer faculty award, as not all members may have educator background and varying school sizes noted.</p> <p>Discussed Student Nurse award process, decided nominations will be done on a Survey Monkey-type format and offer an alternative option to cut & past a letter into a box on the survey. Rather than letters being emailed, collected and distributed to CNP. More efficient and streamlined.</p> <p>Categories on nomination survey: Involvement/service to community/college and/or nursing student body, caring, professionalism, advocacy, leadership to community/college and/or nursing student body. Volunteerism would be captured in format.</p> <p>Group discussion, wish for evaluative tool such as a Survey Monkey for scoring of submissions.</p> <p><u>Next steps:</u> discussed. See “Actions” column.</p>	<p>Darby, Gene and Jennifer to help at conf.</p> <p>Joan will email or phone Deans/Directors of schools to inform of award nominations/opportunity. (Email sent 2/14/17)</p> <p>Joan, Faith and Holly will develop Survey Monkey with letter option box. (Done 2/14/17)</p> <p>Joan will electronically distribute Survey Monkey Monday or Tuesday to Deans/Directors, with due date of Feb. 24. (changed to 2/27)</p> <p>CNP members will have 2 weeks to review nominations and score them (after Feb. 24th).</p> <p>CNP group will decide on award recipient at March 9 meeting.</p>

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<p>Spring 5K</p>	<p><u>5K Event – NHNA Scholarship fundraiser</u></p> <p>Joan has spoken with Chris Lewis at TI Fitness, plan to move the date up to Fall.</p> <p>Holly reported she followed up with St. Anselm College, inquired about possibility of having event there in April, partnering with SNA. However, Faculty Advisors of the Student Nurse Association (SNA) informed that there is not enough lead time, planning starts one year before. Facility fee if hold event alone.</p> <p>Group discussed exploring Rivier University as possible 5K event site, partner with their SNA.</p> <p>Joan presented event budget to BOD and secured Board approval. Noted \$7000 revenue if 200 runners and 3 sponsors.</p> <p>Discussed including few health fair vendors, as we now have more lead time to plan.</p>	<p>Ongoing - see if the local hospitals and schools wish to have teams participate</p> <p>CNP members are requested to forward names of past Health Fair vendors to Joan, as they may wish to participate in Fall event.</p> <p>Holly will email Faculty Advisors and President of SNA at Rivier University to inquire about possible partnership at a Fall event.</p>

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<p>2017: Spotlight on Nursing Today</p>	<p>“2017: Spotlight on Nursing Today” event Date: Thursday, June 15, 2017 Time: 6 pm – 8:30 pm Where: Granite State College (Event Center) 25 Hall Street, Concord, NH Joan reported that she has made the room reservation.</p> <p>Holly reported that we will be working with the Commission on Continuing Education (CCE) for contact hours for this event.</p> <p>The group discussed plans in progress for the three presentations:</p> <ol style="list-style-type: none"> 1. Holly reported that, following up a suggestion Joan provided, she has arranged for presentation “Challenging the Stigma of Substance Use Disorders” Speaker: Aita Vonceil Romain, MPH, CPS This speaker is from DHMC. Holly noted that Romain is the Continuum of Care Facilitator for ALL Together, the Substance Misuse Prevention and Continuum of Care workgroup of the Public Health Council of the Upper Valley and nationally recognized Drug Free Communities Coalition. Members can learn more about ALL Together at www. UVALLTogether.org 2. At Feb. meeting, Jennifer said she had been in contact with a speaker on Medical Marijuana, Lisa Withrow APRN, NP-C, ACHPN. Lisa is a certified Family Nurse Practitioner with a degree focus in Palliative medicine. Lisa is founder of Palliativity Medical Group. www.Palliativity.com. 3. Third presentation slot remained available, so Pet Therapy topic was again brought forward. MaryEllen reported that she has spoken with Dr. Matt Hand (nephrologist, integrated medicine) and said he is interested in presenting. Joan noted she has written a White Paper on topic, with research findings and references (Joan had forwarded copy to Holly). Joan suggested a powerpoint presentation could be made using this and a member could present research findings, as an introduction to Dr. Hand. MaryEllen said he has a bulldog “Omar”, who is a certified pet therapy dog and goes to clinic every day – suggested maybe bring Omar. 	<p>Holly to start contact hour offering application process with Aleta Billideau, CCE.</p> <p>Jennifer to confirm event date with Lisa Withrow APRN, NP-C, ACHPN</p> <p>MaryEllen to confirm event date with Dr. Matt Hand and inform him about the powerpoint intro.</p> <p>Group - at March meeting, discuss who will work on powerpoint presentation and present introduction.</p>

AGENDA ITEM	DISCUSSION	ACTION
	Holly said she wants to start the contact hour offering process soon, so as not to overburden the CCE.	
Meeting Adjourned	Meeting adjourned	
Next Meeting	Thursday March 9 5:30 pm – 7 pm phone conf. call Minutes: by Gene (Jennifer). Moved from Feb. to March.	AWARD decision at March meeting